



**SEASIDE POLICE DEPARTMENT**

**Abdul Pridgen, Chief of Police**

*Honor, Pride, and Commitment*

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## **MEDIA RELEASE**

### **Law Enforcement Training**

Seaside, CA  
February 28, 2018

The Seaside Police Department, in partnership with the Monterey Police Department, is proud to announce the implementation of Blue Courage law enforcement training. Blue Courage is a nationally revered training that embodies the concepts of 21<sup>st</sup> Century policing methods. Blue Courage embraces treating others with dignity and respect and reignites a sense of passion, purpose and commitment to the nobility of policing. The class is also designed to improve decision making skills for officers under pressure and focuses on concepts of how to build relationships and trust with the community. Blue Courage also focuses on the importance of law enforcement officials to be physically, mentally and emotionally fit.

The training will be hosted by the Seaside and Monterey Police Departments Saturday, March 3-4 at the MPC Public Safety Training Center (2642 Colonel Durham Street, Seaside CA) from 8:00am – 5:00pm. Media entities are welcome to view segments of the training (Saturday and Sunday). The CEO of Blue Courage, Michael Nila, will be present and available for interviews as well as participating agency representatives Saturday morning (8:00am-9:00am).

Training flyer also attached.



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For Immediate Release

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*The mission of the Seaside Police Department is to provide quality police services, in partnership with our community, to enhance and maintain a safe environment.*



# Blue Courage® Academy



**Participants of the 4-day certification course will be certified to teach the 2-day Blue Courage: The Heart and Mind of the Guardian course.**

**2-day Blue Courage Course: March 3-4, 2018**

**2-day Certification Course: March 5-6, 2018**

(All participants of the certification course must complete the 2-day Blue Courage course prior to certification.)

8:00 am - 5:00 pm

**Training Location:**

The Academy - Monterey Peninsula College  
MPC Public Safety Training Center  
2642 Colonel Durham Street  
Seaside, CA 93955

**Cost:**

March 3-4 only: \$380 per person

March 3-6 (with certification): \$1,340 per person

**To register:**

<http://bit.do/SeasideBC>

## What is Blue Courage®?

Blue Courage is a transformational process that focuses on the human development of law enforcement professionals.

Few professions are more physically, mentally, and emotionally demanding than law enforcement. Blue Courage addresses personal challenges many officers face, such as cynicism, identity, judgment, integrity, leadership and stress management.



## Topics to Be Covered:

- Foundations of Courage
- Police Culture
- Nobility of Policing
- Respect
- Resilience / Hope
- Positive Psychology
- Practical Wisdom
- Health & Wellness
- The Immortal Cop



## What Blue Courage® Has to Offer

Today's law enforcement professionals are highly trained and highly skilled operationally. While skill training is essential, it is incomplete. The behaviors that tarnish police agencies and place officers at risk are rarely due to a lack of skills.

Through Blue Courage, participants will:

- Go beyond learning tactical and critical incident survival and ensure officers' readiness to both

prevent and recover in the aftermath.

- Reignite a sense of passion, purpose and commitment to the nobility of policing.
- Awaken their moral compass and the courage to do what is right.
- Improve decision-making skills under pressure.
- Understand how to build relationships and trust with the community.
- Develop an organizational culture of learning, critical thinking, tolerance, and curiosity.

## Who should attend the certification?

- Those who have passion for the policing profession;
- Those who have a willingness to engage in personal growth and development;
- Those who have skills and/or abilities to present to police professionals;
- Individuals who have an interest and intention in teaching the 2-day Blue Courage leadership within their own agency or region.

