

**In Response To:** RFP for Proposals for Community/Social Services

**Submitted To:** The City of Seaside, Ashley Collick, acollick@ci.seaside.ca.us

**Submitted By: Partners For Peace (P4P)**

**Cover Page**

**a. Project Title:** Preparing Our Kids for Success -

**b. Project Summary:** P4P's mission is BUILDING STRONG FAMILIES FOR A PEACEFUL COMMUNITY. **(Prevention/Intervention):** Equip 100 parents/caregivers in Seaside, with strong parenting tools and information, piloting the Preparing *Our Kids for Success - Seaside*, Parent Project® 2.5 hours curriculum. Parent Project's Preparing Our Kids for Success provides parents/caregivers concrete strategies for getting kids back in school and completing their daily homework assignment. Experience teaches that there are three basic reasons why parents fail to shape their child's unwanted behavior:

- Lack of basic skills and knowledge (parenting is a process; we never arrive with all the skills we need)
- Lack of consistency (probably the most difficult for most parents/caregivers)
- Lack of emotional and practical support

"Parenting Our Kids for Success has been designed to help parents overcome the first two of these three obstacles. This class delivers no-nonsense, step-by-step solutions to help parents/caregivers get their children back in school and performing at an acceptable level. "Dr. Roger H. Morgan and Ralph "Bud Fry, 2020 Parent Project®, Inc.

Using Cooperative Learning norms, the 2.5 hour class is designed teach specific parenting/caregiver skills that support school success, Along with the specific parenting/caregiver skills taught here, parents will also gain and practice effective social skills including: listening, questioning and negotiating, Parent/caregiver participants will learn more about themselves, and model a more upbeat spirit to the whole subject matter of parenting and promoting school success. Powerful changes can occur when moms and dads, and other caregivers share their love, establish clear expectation, actively supervise their children, and provide both positive and negative consequences to their children's behavior.

**c. Agency name, address:** Partners For Peace (P4P)

**Office Address:** Silver Star Resource Center, Bldg. H, 855 E. Laurel Drive, Salinas, CA 93905

**Mailing Address:** PO Box 2473, Salinas, CA 93902

**d. Contact Person:** Vicki Law, Incoming Executive Director

- **Email:** vlaw@p4pmc.org
- **Telephone Number- Work:** (831) 754-7888
- **Telephone Number – Cell:** (831) 726-6459

**II. Background:** The mission of Partners For Peace is *building strong families for a peaceful community*. Seaside High School placed in the bottom 50% of all of California for overall test scores (2017-18 school year). To increase school success, we must get to the families. We provide the implementation and evaluation of *Preparing Our Kids for Success*, in English and Spanish. The 2.5-hour class equips families with powerful tools to combat tough or challenging behaviors that prevent school success. In 2020, this curriculum was created from the Parent Project® curriculum as a stand-alone class. Since 2014 we have been delivering the Parent Project in Salinas and since 2018 in Seaside with great success with increase in school success and improved attendance. 100% of parent graduates state that they would recommend our classes to other parents.

**Target Population:** The target population for this program would be English and Spanish speaking parents/caregivers with children 11-17 years of age. In response to the COVID-19 pandemic, the scientific community has increasingly reported on child well-being, including the potential effects of school closures on mental health (Golberstein, Wen, & Miller, 2020) and reports of increased mental health problems in affected regions (Xie et al., 2020). The measured impact of the pandemic on family well-being is presently unknown. However, upward of one third of families have reported feeling very or extremely anxious about family stress resulting from COVID-19-related confinement. <https://psycnet.apa.org/fulltext/2020-34995-001.html>.

Online expansion of *Preparing Our Kids for Success* classes would positively impact families by giving participants tools to build healthy, safe, thriving families. “Family resilience, the capacity for a family to weather and even thrive during adversity, depends on a family’s ability to balance stability and flexibility in changing circumstances,” says Andrew E. Roffman, CSW, clinical assistant professor in the Departments of Psychiatry and Child and Adolescent Psychiatry at NYU Langone and member of its Child Study Center. “This work in progress calls for an attitude of ‘we’re all in this together,’ and ‘let’s do the best we can.’” The family/youth/parent/caregiver programs delivered by Partners For Peace are evidenced based/informed and they produce positive outcomes.

### **Goals and Objectives:**

**Goal 1:** Deliver *Preparing Our Kids for Success* in English to families who have children ages 11-17, who are chronically truant.

**Objective 1:** Deliver two 2.5-hour classes of *Preparing Our Kids for Success* in English to the community of Seaside.

**Objective 2:** Evaluate the program utilizing review activity 1.10 from the *Preparing Our Kids for Success* English Parent/Caregiver Guide.

**Goal 2:** Deliver *Preparing Our Kids for Success* in Spanish to families who have children ages 11-17, who are chronically truant.

**Objective 1:** Deliver three 25-hour classes of Preparing Our Kids for Success in English to the community of Seaside.

**Objective 2:** Evaluate the program utilizing review activity 1.10 from the Preparing Our Kids for Success Spanish Parent/Caregiver Guide.

Partners For Peace will weave this program into post June 2021 foundation requests to provide program sustainability.

### **III. Proposed Activities: Delivering 5 classes, serving 100 families**

**December:** Identify community partners to provide referrals to this program: Monterey County Probation Department, City of Seaside MDTs, School Family Liaisons and Monterey County Behavioral Health Staff. Parent/Caregiver rereferrals will also be accepted.

**January: Schedule the sessions January – May 2021.** This includes staffing to set-up the classes (including recruitment, marketing, facility requests, certificates of insurance and collaborative meetings), class orientations, ensure the delivery of classes and perform fidelity checks on facilitators. Request for referrals to other services from parents/caregivers are processed to ensure that families receive the needed wrap-around services to support their healthy, thriving families and on-going need for family supports (food, clothing, emergency shelter, wi-fi support, etc.) Facilitator enrichment training is needed to ensure class fidelity and online Zoom use updates.

**January – May 2021:** Due to COVID-19 we are mailing curriculum; coordinating drive-through pick-up of supplies and delivering P4P bags with class materials, hand sanitizers, notebooks, and facemasks. After the classes are completed the Program Managers are responsible for analysis of the evaluations and demographic statistics.

**May 2021:** Evaluation of the program.

#### **Community Need:**

P4P seeks to improve social competencies, parenting skills and the parent-child relationship. Parent Project, Jr. and Sr. has consistently increased school success. Research shows that protective parenting improves family relationships and decreases the level of family conflict, contributing to school success. A research study conducted by the Partnerships in Prevention Science Institute found a return of \$9.60 for every dollar spent implementing parenting programs, "Effective parenting and strong family functioning — including monitoring and consistent discipline — protect against a variety of antisocial and problem behaviors, such as involvement with delinquent peers and subsequent likelihood of gang membership and violence. On the other hand, poor family functioning increases the risk for a host of poor outcomes, including aggression, violence, and gang affiliation (Changing Course: Preventing Youth From Joining Gangs <https://nij.gov/publications/changing-course/pages/welcome.aspx>, 2013). Parent Project Co-Founder Roger Morgan stated, "Partners For Peace in Salinas, California has

implemented Parent Project programs exactly as we have prescribed, and to the highest degree, unparalleled anywhere in the nation. Their high level of organization, thorough monitoring of programs presented through their agency, and insistence on quality ensures that all critical components of the program's design and curriculum are conducted according to the guidelines recommended by Parent Project, Inc. Their class retention figures are among the best of any we have seen and give testament to the importance of such strict program fidelity. It is our wish that all agencies that use our programs would emulate the Partners for Peace model. I cannot provide a stronger recommendation.”

Our mission is to build strong families for a peaceful community. We know that love and limits work. The 2.5 hour course includes: Identifying a list of problems children may face when they are truant or drop out of school; identifying parent/caregiver and youth goals; Identifying what is trauma and what parents/caregivers can do to address it; getting youth back in school, setting up youth for success, and the importance of self-discipline; how to motivate adolescents; using love and structure to improve school attendance; how to communicate with adolescents; positive school communication; developing homework behavior; accountability + motivation = change; and how to respond to excuses. Monterey County is under-resourced and the population to be served is highly under-served with significant need for skill development to build confidence in their ability to parent.

#### **IV. Organizational Experience:**

Partners For Peace has a 25-year history of delivery family education in Monterey County.

The word “Partners” in Partners For Peace is not used lightly. Partners For Peace is engaged with over 40 agencies/providers including: the Monterey Peninsula Unified School District, Seaside Police Department, Monterey County Sheriff’s Department and Probation Department, the D.A’s office, Monterey County Behavioral Health, Community Human Services (CHS), Natividad Medical Center, community based organizations, the faith community and numerous other businesses and individuals through CASP, Restorative Justice Commission and our work as part of the MCOE Positive Behavior Intervention Supports (PBIS) Leadership Team. Our offices are located at Silver Star Resource Center, which provides access to alternative education, probation, the CHS-D.A.I.S.Y. (Drug and Alcohol Intervention Services for Youth) program, counseling, California Youth Outreach, youth employment programs and Partners For Peace family/youth education programs.

Partners For Peace has excellent capacity to carry out the proposed activities. P4P has delivered program through Federal (SAMHSA, OJJDP and Dept. of Ed) and State (CalGrip) grants designed to provide services to moderate to low-income residents. We have a proven record of grant management and have submitted all required reports, with supporting documentation, by the published deadlines and in grant guidelines.